



FRESHMAN YEAR TO DO LIST

What you should be doing to prepare for college and college soccer

- Start NOW!
- **Academics are VERY important**
- Evaluate your academic weaknesses and work on improvement
- Study - Study - Study
- **Get a GREAT start on your GPA**
- Read the NCAA publication - *Guide for the College-Bound Student Athlete*
- Read the NCAA publication - *NCAA Initial-Eligibility Clearinghouse*
- Meet with your guidance counselor to discuss a solid academic curriculum
- Identify core courses at your high school - GPA based on these
- Take “academic” electives - languages/mathematics/sciences
- Involve yourself in extracurricular activities - clubs/honor society/church group
- Consider ACT and SAT study materials and/or tutoring services
- Realize that coaches do very little scouting of high school games
- College Coaches rely on what they see and hear
- Consider attending a college’s soccer summer camp
- Evaluate your soccer weaknesses and work on improvement
- Practice on your own - fundamentals and ball skills
- Know the consequences – be a good citizen