



## BLACKHILLS FC UNDER THE LIGHTS

The "Under the Lights" program will focus on individual soccer techniques, 1v1 attacking, body coordination, and enjoyment through small sided games. We will offer a goalkeeper program that focuses on handling, low-mid range-high balls, shot stopping, diving, footwork and distribution.

The Blackhills FC Coaching Staff will lead the instruction and Blackhills FC Players will assist in the development of these young soccer players.

All Coaches, regardless of their experience level, are welcome to participate for Coaches Education. Please contact Kyle Jones at: [kyle.jones@blackhillsfc.org](mailto:kyle.jones@blackhillsfc.org) if interested.

Children will be grouped by a combination of age, ability level and friend(s)/teammates. No experience necessary, a perfect place for beginners!

**Dates:** January 19<sup>th</sup>, 26<sup>th</sup> and February 2<sup>nd</sup>, 9<sup>th</sup>

**Location:** Tumwater High School

**Age and Time:** Ages 6-9, 5:30 - 6:30 PM

**Age and Time:** Ages 10 -13, 6:45- 8:00 PM

**Goalkeepers:** Ages 10 – 16, 5:30 – 6:30

**Cost:** \$45 \*includes t-shirt

**Program Registration:** \*limited enrolment

<https://blackhillsfc.demosphere-secure.com/registration>

Program Questions: Please contact Kyle Jones – [kyle.jones@blackhillsfc.org](mailto:kyle.jones@blackhillsfc.org)

[www.blackhillsfc.org](http://www.blackhillsfc.org)